Tuckahoe Jaycees Firecracker 5K

July 4th, 2007

Part of the
Henrico County Independence Day Celebration

Time/Place: 5K starts at 8:30; 1 mile fun run starts at 8 AM
Registration begins at 6:30
Richmond Raceway Complex.

Benefit: Race proceeds will benefit Camp Virginia Jaycee, a camp for mentally handicapped children and adults, and the Juvenile Diabetes Research Foundation.

Perks: First 100 registrants in the 5K get a free race t-shirt. One t-shirt per racer. Various prizes will be awarded to top finishers in each gender/age bracket. Age brackets will be 18 and under, 19-29, 30-39, 40-49, 50-59, 60+

Entry Fee: 5K: $20; Fun Run: $5

Questions: Contact Min Casali or Kearsten Mauney at 5krace@tuckahoejaycees.com, or 804-440-8699

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First_____Middle_____Last_____

Adddress_____

City_____State_____ZipCode_____Home Phone_____

E-mail_____

Age_____Male_____Female_____

May we contact you about learning more about the Tuckahoe Jaycees? Yes____No____

Which race will you be participating in? (please circle) 5K 1 mile Fun Run

T-shirt size (please circle) small medium large extra large extra extra large

Release and waver (Please read and sign)

I am aware that racing is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I assume all risks associated with running this event including, but not limited to, falls, contact with other participants, and the effects of weather and conditions of the course. I understand that I am solely responsible for my own safety while traveling to and from or participating in this event. Knowing these facts and in consideration of your acceptance of my entry, I hereby for myself, my heirs, executors, administrators, or anyone else who might sue on my behalf covenant not to sue, and waive, release, and discharge the sponsors or contributors to this event, The Tuckahoe Jaycees, Inc., The Tuckahoe Jaycees Foundation, The Richmond Road Runners, any race officials, volunteers, Henrico County, Richmond International Raceway, Inc. and police agencies, their representatives, successors, or assignees from any claims of liability for death, personal injury, or property damage of any kind or nature whatsoever arising out of, or in the course of my participation. This release form and waiver extends to all claims of every kind of nature whatsoever, foreseen or unforeseen, known and unknown. The undersigned further grants full permission to use any photographs, videotapes, or recordings or any other record of the event for any purpose. Minors will be accepted with a parent's or legal guardian's signature.

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_____ _____

Signature Date

The Tuckahoe Jaycees is a volunteer and leadership training organization for young persons age 21-40 who seek to better themselves through bettering the community. If you are interested in this type of opportunity and would like to inquire about joining the chapter, please contact Christine Hopkins at president@tuckahoejaycees.com or call 804-777-77JC